

WORKSHOP

FOR CHURCH LEADERS AND PARENTS

This workshop was birthed out of a need I saw within churches as we began to speak to youth groups and parents. Church leaders were torn between wanting to address the epidemic of hopelessness and suicide with the youth and young adults of their congregation, yet feeling ill-equipped to handle the “what’s next” if they did. Tragically, that battle, more times than not, brings fear and silence, enabling them to engage. Myths and false perceptions about such topics being left to the professionals of the mental health organizations, only affirms and fuels the silence, and silence is where Satan has done his best work. Hopelessness and suicide are just as much, if not more, a spiritual issue then they are a mental health issue. Thousands of Jesus-loving, church-going, youth and young adults are in a battle for their life, and the church has set back, quiet, and in fear, that they don’t have what it takes to win the battle for this generation. When the truth is, the church has the answer and weapon to see a generation healed, delivered, and set free from the spirits of this age.

In this workshop, I use our own testimony of losing our seventeen-year-old daughter, Hope, to suicide in 2020, and what we have learned on the other side of that tragic loss, to equip and prepare the church for the battle against the epidemic of hopelessness and suicide upon a generation. Everywhere we have been able to speak to youth groups, countless of broken teens and young adults have cried out for help. It is my heart the silence will be broken, the church will be equipped and ready, and this generation will be freed from the spirit of deception bringing death and torment to their souls.



JASON AND ALICIA WHITE
WWW.CHOSENSTONES.ORG

Faith-Based Mental Health Crisis Equipping Workshop

IMPARTING HOPE TO A HOPELESS GENERATION

FOR CHURCH LEADERS AND PARENTS

30% OF HIGH SCHOOLERS HAVE
HAD THOUGHTS OF SUICIDE

SUICIDE NOW IS THE SECOND
LEADING CAUSE OF DEATH
FROM AGES 14-25

TODAYS MENTAL HEALTH
CRISIS IS THE CHURCHES
SPIRITUAL BATTLE FOR THIS
GENERATION

OUR SILENCE IN THE CHURCH
HAS ONLY EMPOWERED SATAN
IN THE DARK PLACES OF THE
MIND OF A GENERATION



It is our heart to see churches go through our workshop in conjunction with our THERE IS HOPE night of ministry to youth and college students. Please go to our website for more information.

WORKSHOP CONTENT

WWW.CHOSENSTONES.ORG

Invite us in for a full weekend event, partnering with your church to see leaders and parents equipped for battle, and see your youth and young adults set free from the torment of the spirit of death and deception.

FACTS MYTHS

BREAKING THE MYTHS ABOUT SUICIDE

Self-harm and suicide have become an epidemic in our society, yet the church has feared discussing it and felt very ill-equipped to deal with it. The culture has labeled it a mental health crises, but it is as much, if not more, a spiritual and soul crises. We are going to dive deep into the state of this generation and the myths that keep the church silent in offering the only true hope there is.



EXPOSING THE ROOT

In order to really go to battle in a spiritual war, you must first understand who your enemy really is. At the surface we understand it to be the spirit of death, but the strongman, the demonic spirit at the root of suicide, is deception. We will break down how the spirit of deception is trying to destroy this generation, suicide being only one of its manifestations and fruits.



PARENT'S RESPONSE

Without a doubt parents are on the front lines of this battle for their children's life. We take the time to discuss offensive strategies to keeping the spirit of deception from overtaking your child, as well as strategies in the spirit, through prayer and intercession. As well as encourage parents that they are not alone, the Father's grace is sufficient, and he alone can save.



IDENTIFYING THE SIGNS

Signs of a suicidal person is not always as typical as one might think, especially within the church. Church culture often increases the likelihood of suppressing feelings and carrying too much shame and guilt to cry out for help. Understanding some of the, not so obvious signs, might help you as church leaders and parents to address issues before it goes as far as an attempted suicide.



THE CHURCH'S RESPONSE

The church has the only answer that will save a generation, but we must have the courage to break the silence, expose the true enemy, and to go to war for a generation. Silence only empowers the enemy. We will discuss many ways to bring an offensive approach to the suicide epidemic, as well as tools that your church should prepare and have to equip families who are at war.



UNTHINKABLE LOSS

Suicide death is a unique grief. Losing a child to suicide brings, not only life-shattering grief, but a tormenting battle of guilt and questions that can become deadly spiritually and/or physically without Jesus and a Christ-centered support system. We will walk through some of the do's and don'ts on how to support someone in this type of grief.